



Gary Richard Herbert

Governor

Declaration

Whereas, good mental health is essential to the continued well-being, hope and vitality of Utah citizens, families, businesses and communities;

Whereas, prevention and intervention help reduce the impact of serious mental illnesses, and early recognition and treatment increase the probability of recovery and the ability to lead a healthy life;

Whereas, promoting mental health awareness provides an excellent opportunity to educate Utahns about mental illness and its causes while helping overcome the stigma and discrimination that often create barriers to treatment; and

Whereas, with proper treatment of mental health conditions, recovery is possible;

Now, Therefore, I, Gary R. Herbert, Governor of the State of Utah do hereby declare May 2010 as

Mental Health Month

Gary R. Herbert
Governor